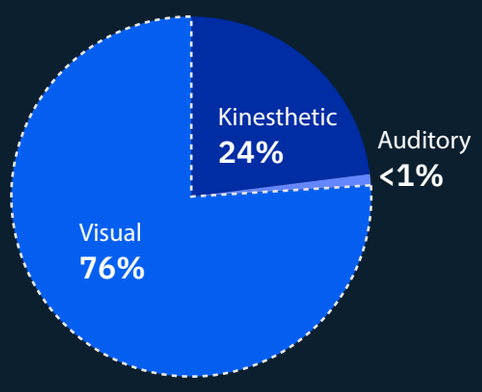
Vujade Traits of Astrid - VkaIO

Sensory

Visual

“I understand best when I see flowcharts, graphs or patterns.”



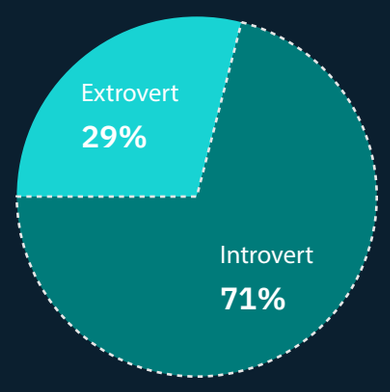
Primarily Visual - take in information by using images (pictures, charts and graphs), with a conscious effort required for being both:

- Kinesthetic - hands-on
- Auditory - discussion

Temperament

Introvert

“I make better decisions when I have time to reflect alone.”



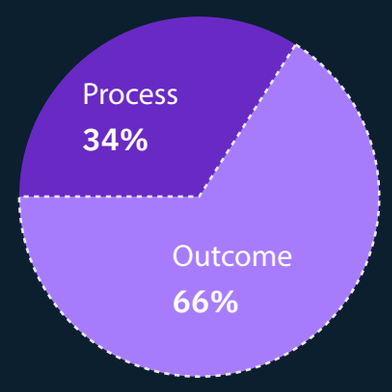
Extremely Introverted and have a need for:

- Significant solitude, tranquility and minimal stimuli, and
- To engage in deep reflection.

Cognitive

Outcome

“I work best when I have a grasp of the big picture.”



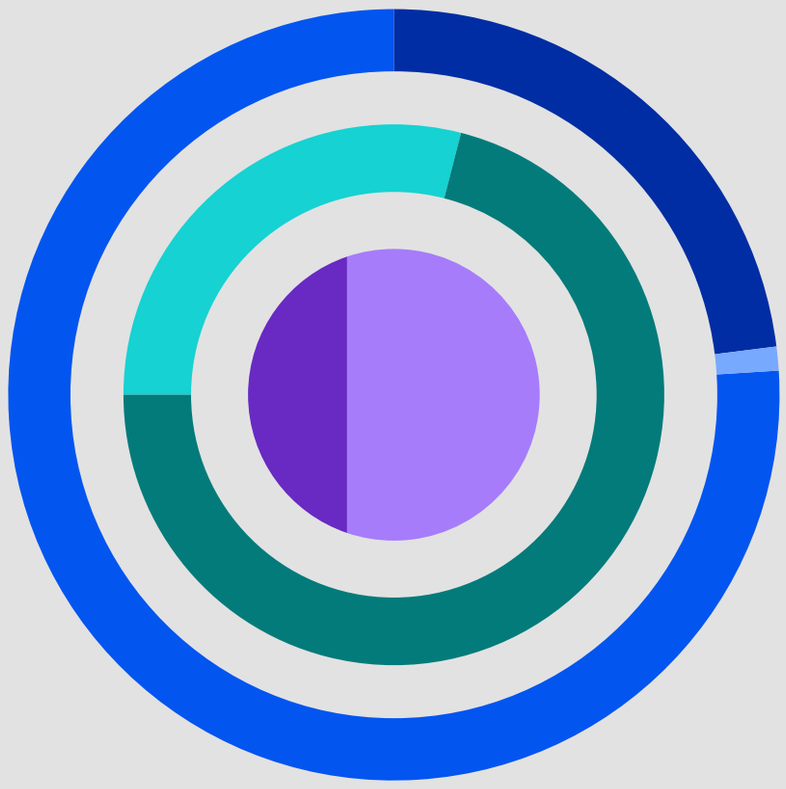
Extraordinary Outcome who challenges other with:

- Broad outcomes and degrees of ambiguity, while
- Leaving details to others, yet
- Monitor progress

How Astrid’s hobbies align with their Sensory, Temperament and Cognitive:

- **Film**: I pay attention the visual aspects of film a lot, and especially enjoy when ideas or emotions are portrayed visually, through faded memories, dreams or visual hallucinations.

- **Rubiks Cube:** Before starting a solve I will try and plan out a few moves in advance, which often involves switching between different ways of thinking. That involves memorizing some sticker positions visually, and thinking about my first couple moves - trying to get those into my kinesthetic muscle memory before solving.



*Above comments reflect primary preferences. Each individual has all preferences in different proportions; allowing for us to leverage those if needed in order to connect with others.