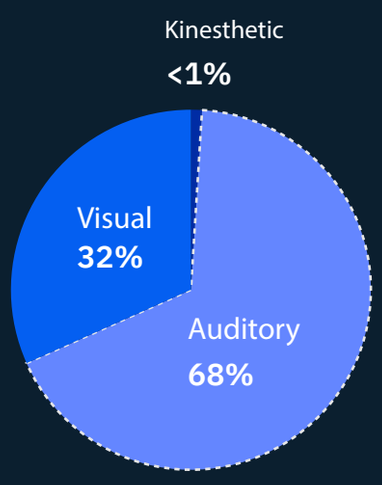
Vujade Traits of Char - AvkIP

Sensory

Auditory

"Tell me!"



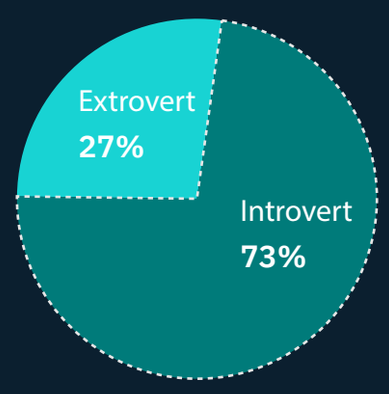
Primarily Auditory - discussions (ask questions and listen), with a conscious effort required for being both:

- Visual - take in information by using images (pictures, charts and graphs),
- Kinesthetic - hands-on (touch and feel).

Temperament

Introvert

"Give me space and quiet time to reflect on what I hear"



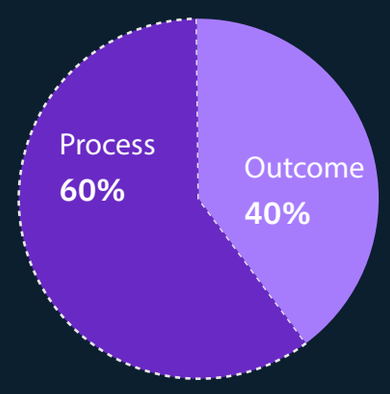
Extraordinarily Introverted and requires:

- Solitude and tranquility,
- To engage in deep reflections, and
- Avoidance of groups and external stimuli.

Cognitive

Process

"Let's discuss the logic and steps of the plan."

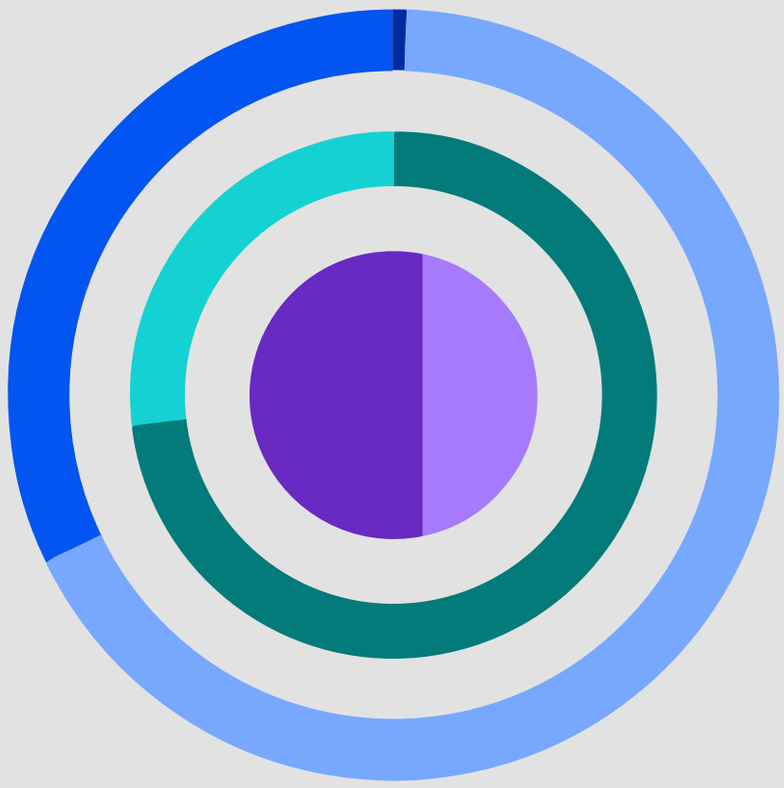


Extremely Process and very focused on:

- Plan details as well as depth of plan, but
- Frustrated with alternative concepts

How Char's hobbies align with her Sensory, Temperament and Cognitive:

- **I love listening to audio books:** Stories come alive for me when they are well narrated. It's the best of both worlds. I hear the character's tone of voice, which adds dimension to the story, and I can still enjoy the character's inner dialogue, which is often missing from other performances like movies or plays.
- **I enjoy listening to music:** Blocking out the world by putting on headphones gives me space for reflection. Music on the headphones also helps make exercise bearable and calms me when I'm anxious.
- **Reading is my favorite escape:** Words capture my attention and create worlds that I can visit anytime.



*Above comments reflect primary preferences. Each individual has all preferences in different proportions; allowing for us to leverage those if needed in order to connect with others.