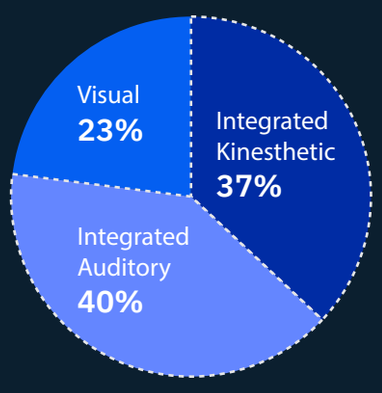
Vujade Traits of Sandeep - AKvÃB

Sensory



Integrated Auditory & Kinesthetic

"Tell me!"



Primarily Auditory - discussions (ask questions and listen), with a conscious effort required for being both:

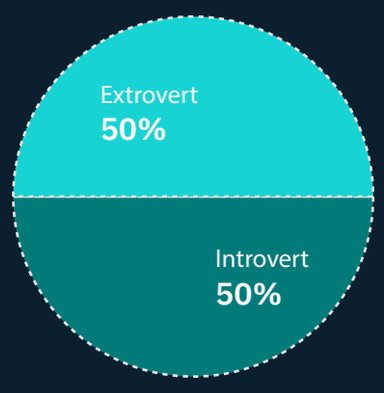
- Kinesthetic - hands-on (touch and feel), and
- Visual - take in information by using images (pictures, charts and graphs).

Temperament



Ambivert

"Give me space and quiet time to reflect on what I hear."



Ambiverted and appreciates:

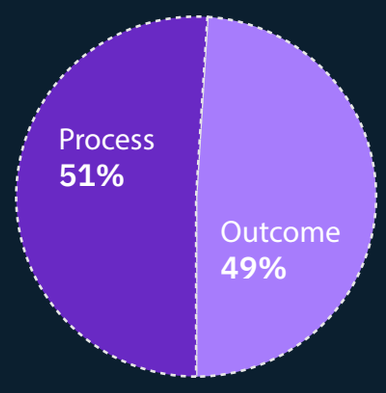
- Engaging with others,
- Personal reflection on situations or events,
- Maintaining a balance of external stimuli, and
- Personal tranquility.

Cognitive



Balanced

"Let's discuss the logic and steps of the plan."



Balanced (Slightly Process) who define:

- Next steps, based on
- possible options.

How Sandeep's hobbies align with his Sensory, Temperament and Cognitive:

- **I love Reading:** Typically non fiction books. I am an intensely curious person and try to understand the why of things. My current topics of interest are quantum mechanics & computing, AI & genomics.

- **I enjoy listening to Podcasts when I exercise:** Empire, Acquired, Lex Fridman, Pivot and the theory of everything are my favorite podcasts.

- **Music is my favorite escape:** I love Jazz, world music & classic rock are my genres of choice. I try to attend atleast 1 or 2 live concerts a month.

- **Pickleball:** is a new hobby of mine



*Above comments reflect primary preferences. Each individual has all preferences in different proportions; allowing for us to leverage those if needed in order to connect with others.