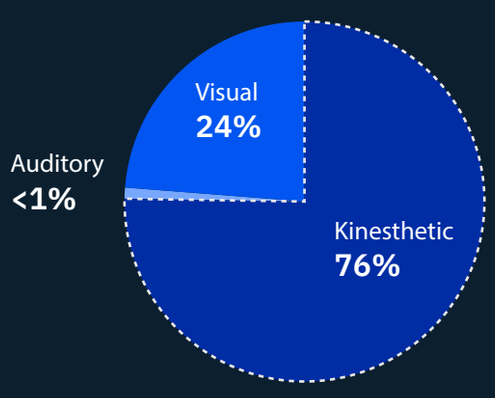
Vujade Traits of Sopphia - KvaIP

Sensory

Kinesthetic

“Let me work on it, and understand!”



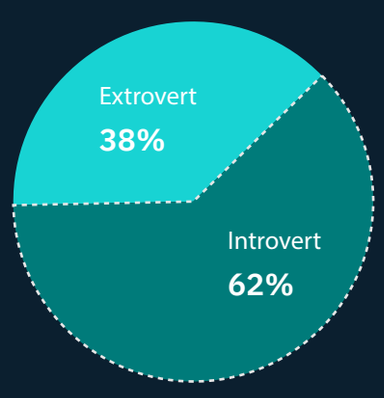
Primarily Kinesthetic - hands-on (touch and feel), with a conscious effort required for being both:

- Visual - take in information by using images (pictures, charts and graphs)
- Auditory - discussions (ask questions and listen).

Temperament

Introvert

“My work desk, headphones, and I make a great team.”



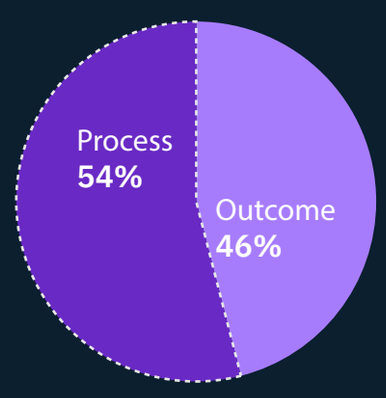
Highly Introverted and needs:

- Solitude, tranquility and less stimuli, and
- To engage in deep reflection.

Cognitive

Process

“What are the stages of our plan?”

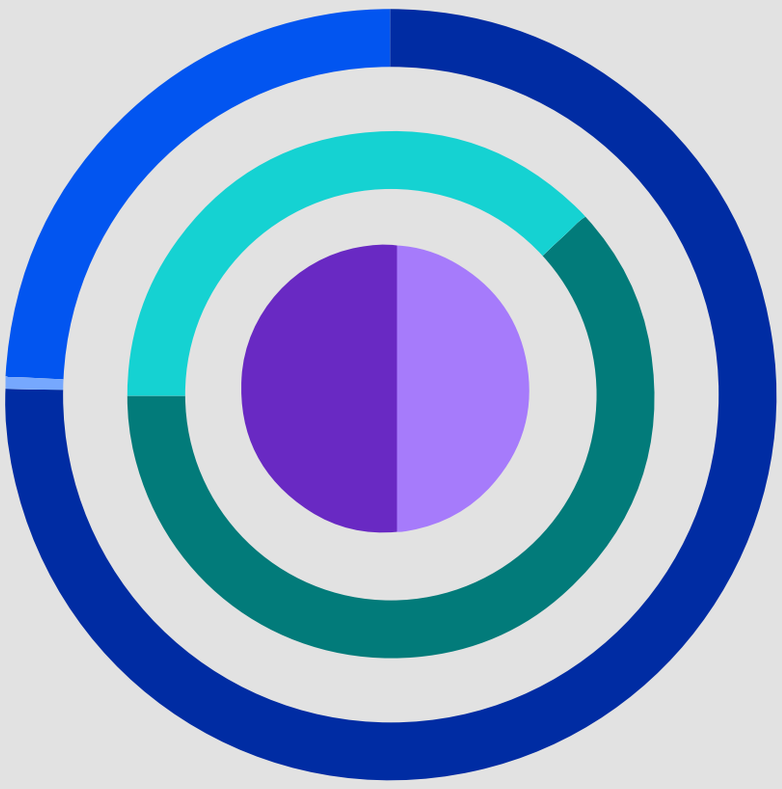


Process who create:

- The plan

How Sopphia’s hobbies align with her Sensory, Temperament and Cognitive:

- **Performing arts:** Dancing and painting give me great chances to use my body and hands, which fits my kinesthetic learning style. These activities involve doing things with my hands, moving around, and feeling different textures, helping me improve my skills through these hands-on experiences.
- **Crafting:** Sewing, embroidery, and jewelry making give me a great experience that matches both my kinesthetic and visual learning styles. I get to physically work with materials and also enjoy seeing and creating beautiful designs and colors.



- An organized process is essential in both performing arts and crafting. Crafting involves planning, systematic execution, time management, and quality control, while performing arts require rehearsal planning, performance preparation, coordination, and logistics. This structure enhances my efficiency, consistency, and goal achievement.
- Crafting fits my introverted nature because it gives me a quiet, focused space to work on my projects. It helps me manage stress and feel satisfied, all while working alone in a way that I enjoy.

*Above comments reflect primary preferences. Each individual has all preferences in different proportions; allowing for us to leverage those if needed in order to connect with others.