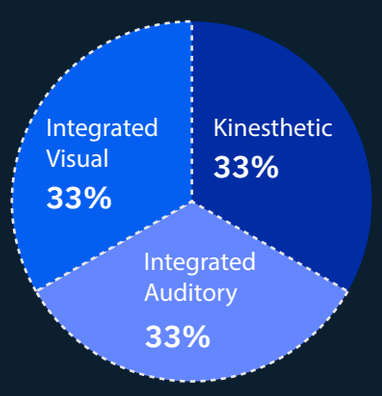
Vujade Traits of Tejinder - KAvIO

Sensory

Integrated Visual & Auditory

“I understand things best when I can see them clearly.”



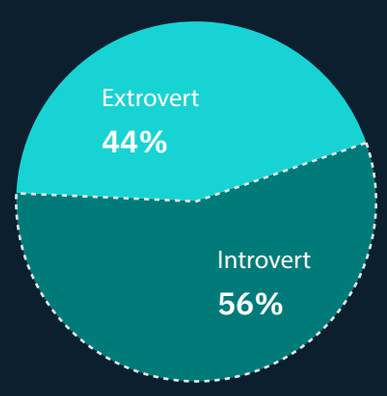
Primarily Auditory - discussions (ask questions and listen), with a conscious effort required for being both:

- Visual - take in information by using images (pictures, charts and graphs)
- Kinesthetic - hands-on (touch and feel).

Temperament

Introvert

“I feel recharged and focused when I spend time alone.”



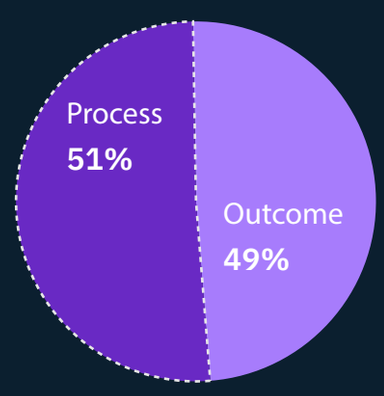
Highly Introverted and needs:

- Solitude, tranquility and less stimuli, and
- To engage in deep reflection.

Cognitive

Process

“I like to break things down step by step to understand them fully."



Balanced (Slightly Process) who define:

- Next steps, based on possible options.

How Tejinder’s hobbies align with his Sensory, Temperament and Cognitive:

- **Reading:** This hobby suits my introverted nature, allowing for quiet introspection and deep focus. It's also outcome-focused, as I gain knowledge and insight through the process.
- **Long Drives:** This activity is both kinesthetic and auditory, as it involves physical engagement with the vehicle and enjoyment of music or silence during the drive. It provides a sense of freedom and relaxation, aligning with my introspective side.
- **Meditation:** This practice is deeply introspective and aligns with my spiritual interests. It's a quiet, auditory-focused activity that enhances my mindfulness and personal growth.
- **Workout:** Its a perfect kinesthetic activity, working out also fits my focus on outcomes, as I see physical results and feel a sense of accomplishment over time.



*Above comments reflect primary preferences. Each individual has all preferences in different proportions; allowing for us to leverage those if needed in order to connect with others.